

Section 3A Track and Field Championships - 5/31/2007

Benson High School

Results

Girls 100 Meter Dash Class A

Name	Yr School	Finals
Finals		
1 Hutton, Mariah	8 Blh/Bold	13.00 10
2 Darling, Amanda	12 JacksonCtyCe	13.04 8
3 Cooper, Carolyn	12 Pipestone	13.20 6
4 Serbus, Dani	12 Cedar Mounta	13.40 5
5 Wubben, Brianna	Central MN	13.50 4
6 Luitjens, Abby	9 Windom Area	13.54 3
7 Payne, Jenna	12 Montevideo	13.64 2
8 Sell, Krystle	10 WestbrookW	13.84 1

Girls 200 Meter Dash Class A

Name	Yr School	Finals
Finals		
1 Darling, Amanda	12 JacksonCtyCe	26.50 10
2 Mooberry, Kendra	10 Benson/KMS	26.63 8
3 Hutton, Mariah	8 Blh/Bold	26.90 6
4 Luitjens, Abby	9 Windom Area	27.47 5
5 Larson, Brenna	10 Redwood	27.93 4
6 Romsdahl, Jennie	8 MtnLake/B-O	28.00 3
7 Runyan, Rebekah	12 Montevideo	28.20 2
8 Beukelman, Lauren	10 Canby/Minne	28.27 1

Girls 400 Meter Dash Class A

Name	Yr School	Finals
1 Swenson, Nikki	12 Lac qui	57.64 10
2 Henke, Allison	11 Luverne	1:00.24 8
3 Tinklenberg, Faith	11 Pipestone	1:00.54 6
4 Beukelman, Lauren	10 Canby/Minne	1:00.84 5
5 Thier, Erica	10 Adrian	1:00.91 4
6 Larson, Brenna	10 Redwood	1:01.75 3
7 Sell, Krystle	10 WestbrookW	1:02.05 2
8 Mann, Mya	HillBCr/Ells/E	1:02.08 1
9 McManus, Lisa	12 Benson/KMS	1:02.68
10 Nath, Paige	Luverne	1:02.88
11 Thier, Austyn	Adrian	1:03.62
12 Deslauriers, Chelsea	9 Canby/Minne	1:03.68
13 Everson, Colleen	9 Murray Cty	1:04.62
14 Erickson, Micaela	9 Lac qui	1:04.75
15 Grandprey, Emily	9 Windom Area	1:04.77
16 Hildebrandt, Heidi	12 MtnLake/B-O	1:06.32

Girls 800 Meter Run Class A

Name	Yr School	Finals
1 Varpness, Melissa	10 Montevideo	2:18.37 10
2 No Heitkamp, Lexi	11 Luverne	2:19.20 8
3 Potter, Alex	11 Windom Area	2:20.50 6
4 Schultz, Nikki	12 Cedar Mounta	2:20.53 5
5 Swenson, Kelly	10 Lac qui	2:20.57 4
6 Timko, Jasmine	9 JacksonCtyCe	2:27.07 3
7 Goff, Samantha	7 Benson/KMS	2:27.88 2
8 Wenaas, Hannah	11 Montevideo	2:31.68 1
9 Kramer, Kourtner	10 Adrian	2:31.69
10 Merritt, Thea	10 Canby/Minne	2:33.26
11 Raddle, Kayla	10 Luverne	2:34.12

12 Kerner, Heather	8 HillBCr/Ells/E	2:34.16
13 Hampton, Kayla	9 Benson/KMS	2:34.32
14 Mulder, Kortney	RenvilleCtyW	2:35.02
15 Hermanson, Whitney	8 Lac qui	2:37.43
16 Anderson, Kayla	11 Redwood	2:41.16

Girls 1600 Meter Run Class A

Name	Yr School	Finals
1 Swenson, Nikki	12 Lac qui	5:14.11 10
2 Swoboda, Gabi	8 Redwood	5:21.78 8
3 Christensen, Laura	10 Murray Cty	5:25.38 6
4 Stover, Leslie	10 Adrian	5:30.32 5
5 Schoonhoven, Amanda	9 Pipestone	5:31.26 4
6 Wilson, Rachel	12 SouthWestern	5:39.53 3
7 Miller, Michelle	12 YellowMedici	5:41.07 2
8 Cselovszki, Cassie	8 SouthWestern	5:42.50 1
9 Larson, Beth	8 Benson/KMS	5:46.54
10 Eggers, Kate	Montevideo	5:47.37
11 Scholtz, Emily	8 Cedar Mounta	5:48.51
12 Broekhuis, Kayla	Southwest	5:53.44
13 Kannas, Amanda	Luverne	5:55.45
14 Rosemeier, Catheryn	9 Benson/KMS	6:03.82
15 Bot, Emily	9 Canby/Minne	6:05.36
16 Bitker, Hannah	10 Redwood	6:06.02

Girls 3200 Meter Run Class A

Name	Yr School	Finals
1 Swenson, Nikki	12 Lac qui	11:21.12 10
2 Swoboda, Gabi	8 Redwood	12:01.32 8
3 Dykstra, AnnMarie	10 Pipestone	12:04.89 6
4 Christensen, Laura	10 Murray Cty	12:11.73 5
5 Henning, Megan	12 Adrian	12:22.28 4
6 Cselovszki, Cassie	8 SouthWestern	12:26.62 3
7 Hilgert, Tara	Blh/Bold	12:30.95 2
8 Tholen, Karli	7 Tracy-Milroy	12:31.22 1
9 Larson, Beth	8 Benson/KMS	12:32.99
10 Seivert, Kate	8 Lac qui	12:34.52
11 Fast, Krina	8 MtnLake/B-O	12:49.80
12 Schneiderman, Debbie	Luverne	12:56.41
13 Rose, Alyssa	10 Cedar Mounta	13:07.69
14 Drealan, Erica	Fulda	13:14.43
15 Bot, Emily	9 Canby/Minne	13:40.76
16 DeRuyter, Megan	Southwest	13:50.60

Girls 100 Meter Hurdles Class A

Name	Yr School	Finals
Finals		
1 Brown, Katie	12 Lac qui	16.40 10
2 Schultz, Nikki	12 Cedar Mounta	16.67 8
3 Plaetz, Jennifer	11 Wabasso	16.97 6
4 Elston, Lindsey	9 Windom Area	17.24 5
5 Feil, Kaitlin	9 MtnLake/B-O	17.27 4
6 Evans, Courtnie	9 Pipestone	17.74 3
7 LaMaack, Maggie	12 Windom Area	17.81 2
8 Schultz, Stephanie	12 JacksonCtyCe	18.04 1

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Girls 300 Meter Hurdles Class A

Name	Yr School	Finals	
1 Mooberry, Kendra	10 Benson/KMS	46.06	10
2 Sawtelle, Katlyn	8 Luverne	46.53	8
3 Treinen, Hannah	8 Ortonville	47.50	6
4 U'Ren, Naomi	11 Redwood	48.83	5
5 Feil, Kaitlin	9 MtnLake/B-O	48.97	4
6 Plaetz, Jennifer	11 Wabasso	49.53	3
7 Heitkamp, Hailee	8 Adrian	49.68	2
8 Romsdahl, Jennie	8 MtnLake/B-O	50.07	1
9 Brown, Katie	12 Lac qui	50.30	
10 James, Catherine	9 Benson/KMS	51.41	
11 Erickson, Megan	RenvilleCtyW	51.92	
12 Devorak, Elizabeth	10 Montevideo	52.12	
13 Stegenga, Alyssa	9 Luverne	52.35	
14 Evans, Courtne	9 Pipestone	52.68	
15 Abbas, Haley	RenvilleCtyW	52.88	
16 Engen, Britta	12 WestbrookW	53.68	

Girls 4x100 Meter Relay Class A

Team	Relay	Finals	
1 Pipestone Area	A	50.52	10
2 Blh/Bold	A	51.82	8
3 Renville County West	A	51.96	6
4 Yellow Medicine East	A	52.09	5
5 Wabasso	A	52.30	4
6 Southwestern Unified	A	52.84	3
7 Lac qui Parle/DB	A	53.19	2
8 Benson/KMS	A	53.35	1
9 HillBCr/Ells/Ed	A	53.55	
10 Lakeview	A	53.62	
10 Southwest MN Chr	A	53.62	
12 Windom Area	A	53.86	
13 Luverne	A	54.15	
14 Tracy-Milroy	A	54.66	
15 Fulda	A	54.76	
16 Murray County Central	A	55.56	

Girls 4x200 Meter Relay Class A

Team	Relay	Finals	
1 Pipestone Area	A	1:46.98	10
2 Benson/KMS	A	1:50.15	8
3 Southwestern Unified	A	1:50.72	6
4 Lac qui Parle/DB	A	1:50.75	5
5 Luverne	A	1:51.08	4
6 Mountain Lake/B-O	A	1:51.28	3
7 Cedar Mounta	A	1:53.45	2
8 Southwest MN Chr	A	1:53.65	1
9 HillBCr/Ells/Ed	A	1:53.75	
10 Murray County Central	A	1:54.82	
11 JacksonCtyCentra	A	1:55.68	
11 Redwood Valley	A	1:55.68	
13 Rtr/Lake Ben	A	1:55.72	
14 Montevideo	A	1:56.35	
15 Fulda	A	1:58.12	
16 Tracy-Milroy	A	1:58.29	

Girls 4x400 Meter Relay Class A

Team	Relay	Finals	
1 Pipestone Area	A	4:04.30	10
1) Woelber, Bree 8	2) Kozlowski, Jenna 10		
3) Kocourek, Steph 12	4) Tinklenberg, Faith 11		
2 Luverne	A	4:05.40	8
1) Henke, Allison 11	2) Sawtelle, Katlyn 8		
3) Dyer, Britton 9	4) Jo Heitkamp, Lexi 11		
3 Redwood Valley	A	4:08.37	6
1) U'Ren, Naomi 11	2) Serbus, Samantha 10		
3) Ellingworth, Katie 7	4) Larson, Brenna 10		
4 Benson/KMS	A	4:09.90	5
1) Hanson, Carrie 12	2) Auch, Emily 8		
3) McManus, Lisa 12	4) Mooberry, Kendra 10		
5 Adrian	A	4:14.04	4
6 Southwest MN Chr	A	4:14.54	3
7 Yellow Medicine East	A	4:15.72	2
8 HillBCr/Ells/Ed	A	4:18.09	1
9 Lac qui Parle/DB	A	4:19.11	
1) Hermanson, Whitney 8	2) Brown, Katie 12		
3) Erickson, Micaela 9	4) Swenson, Kelly 10		
10 Montevideo	A	4:20.95	
1) Wenaas, Hannah 11	2) Varpness, Melissa 10		
3) Rodeberg, Ashley 9	4) Tastad, Brook 9		
11 Canby/Minneota	A	4:25.09	
1) Merritt, Thea 10	2) Nordgaard, Riley 7		
3) Davis, Haley 8	4) Deslauriers, Chelsea 9		
12 JacksonCtyCentra	A	4:25.53	
1) Schultz, Stephanie 12	2) Ruby, Bethany 12		
3) Timko, Jasmine 9	4) Darling, Amanda 12		
13 Renville County West	A	4:25.82	
1) Abbas, Haley	2) Smith, Sally 12		
3) Megan, Nere 10	4) Mulder, Kortney		
14 Murray County Central	A	4:26.62	
15 WestbrookWG/RedR	A	4:27.10	
1) Engen, Thea 10	2) Nickel, Cierra 8		
3) Frank, Maddie 7	4) Engen, Britta 12		
16 Cedar Mounta	A	4:27.58	
1) Dauer, Kylie 12	2) Ochs, Beth 9		
3) Kerkhoff, Nikole 8	4) Kopischke, Andrea 11		

Girls 4x800 Meter Relay Class A

Team	Relay	Finals	
1 Luverne	A	9:35.50	10
1) Henke, Allison 11	2) Sawtelle, Katlyn 8		
3) Raddle, Kayla 10	4) Jo Heitkamp, Lexi 11		
2 Adrian	A	9:39.50	8
1) Kramer, Kourtner 10	2) Thier, Austyn		
3) Stover, Leslie 10	4) Thier, Erica 10		
3 Montevideo	A	9:51.35	6
1) Varpness, Melissa 10	2) Wenaas, Hannah 11		
3) Roggatz, Jessi 12	4) Ostlie, Beth 9		
4 Benson/KMS	A	10:00.26	5
1) Rosemeier, Catheryn 9	2) Goff, Samantha 7		
3) Holm, Brit 12	4) Hampton, Kayla 9		

School Section Record

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(Girls 4x800 Meter Relay Class A)

Team	Relay	Finals	
5 Canby/Minneota	A	10:14.10	4
1) Merritt, Thea 10	2) Nordgaard, Riley 7		
3) Beukelman, Lauren 10	4) Deslauriers, Chelsea 9		
6 Lac qui Parle/DB	A	10:15.64	3
1) Robertson, Shawna 12	2) Swenson, Kelly 10		
3) Seivert, Kate 8	4) Hermanson, Whitney 8		
7 Cedar Mounta	A	10:17.28	2
1) Dauer, Kylie 12	2) Kopischke, Andrea 11		
3) Kerkhoff, Nikole 8	4) Rose, Alyssa 10		
8 Southwest MN Chr	A	10:18.57	1
9 Pipestone Area	A	10:26.62	
10 Fulda	A	10:29.22	
11 Murray County Central	A	10:29.29	
12 HillBCr/Ells/Ed	A	10:31.59	
13 Windom Area	A	10:33.92	
1) Hentges, Meredith 7	2) Sorenson, Jenna 12		
3) Grandprey, Emily 9	4) Potter, Alex 11		
14 Mountain Lake/B-O	A	10:40.30	
1) Nelson, Petra 9	2) Fast, Krina 8		
3) Harder, Sharisse 11	4) Hildebrandt, Hannah 10		
15 Redwood Valley	A	10:58.82	
1) Bitker, Hannah 10	2) Josephson, Whitney 9		
3) Kanne, Kate 10	4) Anderson, Kayla 11		
16 Tracy-Milroy	A	11:10.36	
1) Stobb, Rachel 11	2) Bautista, Arlin 8		
3) Tholen, Karli 7	4) Ryan, Roxy 10		

Girls High Jump Class A

Name	Yr School	Finals	
1 hillesheim, Whitney	10 Cedar Mounta	J5-02.00	10
2 Tinklenberg, Beth	12 Pipestone	J5-00.00	8
3 Jo Heitkamp, Lexi	11 Luverne	J5-00.00	6
4 Tinklenberg, Faith	11 Pipestone	J4-10.00	1.3
4 Kurtenbach, Brittany	11 Lakeview	J4-10.00	1.3
4 Holm, Brit	12 Benson/KMS	J4-10.00	1.3
4 Kahout, Ann	11 Blh/Bold	J4-10.00	1.3
8 Wubben, Brianna	Central MN	J4-10.00	1
9 Elston, Lindsey	9 Windom Area	J4-10.00	
9 Morseth, Gina	11 Rtr/Lake Ben	J4-10.00	
11 Haugen, M'Hesi	9 Tracy-Milroy	4-08.00	
11 Nordgaard, Riley	7 Canby/Minne	4-08.00	
11 Lohn, Bre	10 Benson/KMS	4-08.00	
11 Raddle, Kayla	10 Luverne	4-08.00	
11 Flemming, Christine	9 Blh/Bold	4-08.00	
11 LaMaack, Maggie	12 Windom Area	4-08.00	
11 Kerkhoff, Nikole	8 Cedar Mounta	4-08.00	

Girls Pole Vault Class A

Name	Yr School	Finals	
1 Sawtelle, Katlyn	8 Luverne	J9-06.00	10
2 Lyons, Alyssa	12 Windom Area	J9-00.00	8
3 Hussong, Shannon	12 SouthWestern	J8-06.00	6
4 Ruby, Bethany	12 JacksonCtyCe	J8-06.00	5
5 hillesheim, Whitney	10 Cedar Mounta	J8-06.00	4

6 Kramer, Lindsay	11 Blh/Bold	J8-00.00	3
7 Jensen, Daniela	12 Montevideo	J8-00.00	2
8 Koeberl, Emma	Blh/Bold	J8-00.00	1
9 Schneiderman, Katie	12 Luverne	7-06.00	9
9 Sell, Krystle	10 WestbrookW	7-06.00	
11 Lundstrum, Mariah	Blh/Bold	J7-06.00	
11 Ehling, Abbey	Montevideo	J7-06.00	
11 Sinner, Erica	RenvilleCtyW	J7-06.00	
11 Serbus, Samantha	10 Redwood	J7-06.00	
12 Ochs, Beth	9 Cedar Mounta	J7-06.00	

Girls Long Jump Class A

Name	Yr School	Finals	
Finals			
1 Wubben, Brianna	Central MN	17-02.50	10
2 Woelber, Bree	8 Pipestone	16-07.25	8
3 Darling, Amanda	12 JacksonCtyCe	16-02.50	6
4 Schultz, Nikki	12 Cedar Mounta	16-02.00	5
5 Hicks, Meredith	9 Tracy-Milroy	15-10.75	4
6 Voehl, Betsy	10 SouthWestern	15-07.25	3
7 Treinen, Hannah	8 Ortonville	15-03.50	2
8 LaMaack, Maggie	12 Windom Area	15-00.00	1
9 Elston, Lindsey	9 Windom Area	14-08.75	NWI

Girls Triple Jump Class A

Name	Yr School	Finals	
Finals			
1 U'Ren, Naomi	11 Redwood	35-06.50	10
2 Schultz, Nikki	12 Cedar Mounta	35-02.25	8
3 Elston, Lindsey	9 Windom Area	33-11.50	6
4 Bergerson, Calista	10 Lac qui	33-11.00	5
5 Everson, Colleen	9 Murray Cty	33-08.00	4
6 Hildebrandt, Heidi	12 MtnLake/B-O	33-03.75	3
7 Erickson, Micaela	9 Lac qui	33-00.50	2
8 Baumgard, Bria	9 SouthWestern	32-11.50	1
9 LaMaack, Maggie	12 Windom Area	32-06.00	NWI

Girls Shot Put Class A

Name	Yr School	Finals	
Finals			
1 Broderius, Sam	12 Blh/Bold	40-06.00	10
2 Nesmoe, Kaysee	12 MtnLake/B-O	39-02.00	8
3 Nepp, Christy	11 Windom Area	36-11.75	6
4 Hillard, Amanda	11 Pipestone	35-05.50	5
5 Smith, Sally	12 RenvilleCtyW	35-01.00	4
6 Henkels, Linnea	12 SouthWestern	34-09.00	3
7 Post, Erika	9 SouthWestern	34-06.50	2
8 Ascheman, Jessica	12 Benson/KMS	34-03.75	1
9 Schmitz, Johanna	11 Canby/Minne	34-00.25	

Girls Discus Throw Class A

Name	Yr School	Finals	
Finals			
1 Broderius, Sam	12 Blh/Bold	123-06	10
2 Nepp, Christy	11 Windom Area	121-10	8
3 Granstra, Katey	8 SouthWestern	112-09	6

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Finals ... (Girls Discus Throw Class A)

Name	Yr	School	Finals	
4 Paulzine, Amy	10	Fulda	110-05	5
5 Sawtelle, Callan	9	Luverne	106-10	4
6 Perli, Laura	12	Southwest	104-11	3
7 Hillard, Amanda	11	Pipestone	103-08	2
8 Henkels, Linnea	12	SouthWestern	102-01	1
9 Rhoda, Dana	11	MACCRAY	99-10	

Women - Class A - Team Rankings - 18 Events Scored

1) Pipestone Area	79.25
2) Luverne	66
3) Lac qui Parle Valley/Dawson B	61
4) BLH/Bold	51.25
5) Windom Area	50
6) Cedar Mtn/Comfrey/Springfield	49
7) Redwood Valley	44
8) Benson/KMS	41.25
9) Southwestern Unified	38
10) Jackson County Central	33
11) Adrian	27
12) Mountain Lake/B-O	26
13) Montevideo	23
14) Central Minnesota Christian	15
14) Murray County Central	15
16) Wabasso	13
17) Canby/Minneota	10
17) Renville County West	10
19) Yellow Medicine East	9
20) Ortonville	8
20) Southwest MN Christian	8
22) Tracy-Milroy-Balaton/Yankton	5
22) Fulda	5
24) Westbrook-WG/Red Rock Central	3
25) Hills-BeaverCr/Ellsworth/Edger	2
26) Lakeview	1.25